



NSCP Newsletter February 2022 Edition

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1. NSCP Executive Partnership Update

Dear Colleagues

I hope you are all keeping well and that you have not been overly impacted by the recent grim wet and windy weather.

As the sun is shining and I have spotted a couple of daffodils in the garden I reflect on the importance of nurturing children and young people in Newham and helping them to flourish and be their own rays of sunshine. Universal services, prevention and early intervention is paramount to giving them this firm foundation however we all know only too well of the times when things do not go according to plan and when Safeguarding inputs become necessary.

In this newsletter you will be able to read the update from the National panel for Child Safeguarding Practice Reviews; obtain links to recent 7 minute briefings that have been produced and most importantly if you or a representative from your organisation has not attended the learning events linked to the tragic death of Child Pip from suicide please do attend our final sessions scheduled in a couple of weeks. More details below.

The Newham Safeguarding Children Partnership Executive have been exploring a number of issues including receiving information on the recent SEND inspection; enhancing the sign off process for rapid reviews, understanding the implications of the changes in the CCG and ICS, and agreeing the next area of scrutiny which is going to be focused on Domestic Violence and Abuse as this is one of the main factors of referrals to children social care. We are also strengthening our links with the wider education sector by establishing a reference group which includes governors, early years and child care, further education and school nurses and safer schools police officers etc who will through our primary and secondary head representatives be able to contribute to the safeguarding children partnership.

As the impact of Covid and the latest variant is hopefully diminishing we are looking forward to holding wider Partnership events in person. We will be particularly keen to hear about the changes you have been making as a result of recent learning from our rapid reviews and child safeguarding practice review as well as sharing issues of concern and good practice across the safeguarding system in Newham. So please do look out for these events which will be promoted soon.

Julia Stephens-Row Independent Chair Newham Safeguarding Children Partnership



2. Announcement - The Parenting Team is now part of the Early Help Hub!

We are pleased to announce that the Parenting Team is now an integrated part of Newham's Early Help Hub. This means that it is even easier to make a referral and access the wide range of support on offer.

Newham's Parenting team aim to work alongside families to build confidence and selfesteem for parents and their children. The programmes empower parents to build on their strengths to develop healthy relationships and be part of their growing community. The team delivers a range of services for parents and carers of children aged 0-16yrs.

In Newham, we offer a range of parenting programmes for parent/carers of children aged 0-16 years of age, which take place in schools, Children's Centres and community centres across the borough as well as virtually.

We offer the following programmes or seminars:

- Triple P Group
- Teen Triple P
- Triple P Stepping Stones
- Parent Protect
- Toilet Training
- Support around bedtime routines
- Early Communication Workshops
- Seminars

To make a <u>parenting referral</u>, please complete the form linked and send it back to <u>parenting@newham.gov.uk</u>.

Work is currently underway to streamline the process further and to include additional parenting programmes that are currently on offer such as **DICE and EPEC 'Being a Parent' Programme**. The below programmes currently have separate referral pathways as detailed below.

- DICE (a non-judgemental parenting programme in Newham that focuses on understanding the risks young people face in modern society) -<u>DICE Parenting Programme (London Borough of Newham) Tickets, Multiple</u> Dates | Eventbrite
- EPEC Peer Parenting 'Being a Parent' and EPEC Autism Programme You can find out more and sign up here.

Any questions, please do not hesitate to contact the Parenting Team via email via parenting@newham.gov.uk.



3. <u>Child Safeguarding Practice Review Panel, Annie Hudson Chair of the National Panel</u>

It has indeed been a long and demanding year for everyone involved in helping to safeguard children. In this, our fourth and final newsletter of 2021, I reflect on some of the work undertaken by the Panel this year as well as some of the challenges we will be taking into 2022.

We will all have been shaken and distressed by the circumstances of the unimaginably tragic death of Arthur Labinjo-Hughes. The Panel will be undertaking a <u>national review</u>, working closely with local safeguarding partners to deliver a thorough and fair evaluation, including what needs to be learned from what happened. The terms of reference for this review can be found <u>here</u>. Earlier this year we published our second <u>Annual Report</u>, including commissioned analysis of <u>rapid reviews and LCSPRs</u>, and an analysis of safeguarding partners' <u>yearly reports</u>. Work is now progressing on the 2021 Annual Report which will be available in the summer.

Over the past 12 months, the Panel has been giving strong priority to engaging

with safeguarding partners and we have benefitted greatly from the insights and feedback of safeguarding colleagues across the country. It has been immensely valuable to have conversations with individual partnerships, and to meet with safeguarding professionals at local partnership events, and via roundtables and webinars on subjects such as information sharing, COVID-19 and criminal exploitation. These contacts continue to be very influential in shaping our work programme.

This autumn we hosted nine virtual roundtables across each of the English regions, building on our regional Panel lead system. A summary of the key issues from these roundtables can be found below. The sessions generated lots of ideas about how we can work more closely with local partners. A key message from these events was how important it is that the Panel's work has impact and influence with Government and other national bodies.

Over the next year, we want to enhance our impact on policy and practice through our expanding programme of work and which includes looking at how we can better embed good practice and learning across the safeguarding system. As part of this, over the summer we commissioned YouGov to run a survey and hold interviews with safeguarding partners to understand the impact of the Panel and how best to communicate. The outcome of this work is summarised and distilled below.

Finally, and most importantly, I am pleased to announce the outcome of the Department for Education's recent recruitment for new Panel members. I am delighted to welcome Simon Bailey, Jahnine Davis, Jenny Coles, Stuart Gallimore and Renuka Jeyarajah-Dent as new members of the Panel.

Annie Hudson

The full newsletter can be found by following this link, https://www.gov.uk/government/organisations/child-safeguarding-practice-review-panel

4. How to access 7 minute briefings – Learning from Rapid Reviews and Child Practice Reviews

NSCP have introduced 'seven minute briefings' to allow Designated Safeguarding Leads (DSL) to deliver briefings to staff on the key learning identified from our Learning Reviews – they can also be used to support reflective discussion with practitioners.

Research suggests that seven minutes is an ideal time span to concentrate and learning is more memorable as it is simple and not clouded by other issues and pressures. Their brief duration should also mean that they hold people's attention, as well as giving managers something to share with their staff.

The expectation is that DSL's will present briefings to their staff, on a regular basis – seven minutes is manageable in most services so why not discuss one in your next team meeting?

There is a password protected area containing learning related to Newham specific cases. As the DSL you will have been provided with the password to access the confidential arena within. If you have not received the password please contact your NSCP safeguarding representative who will arrange for you to gain access.

To document your learning you can access this tool, which can evidence and track the learning with in your agency. This area should be used to share good practice and learning within Newham.

Here is the link to the open access area where you will find a helpful introduction to how to use 7 minute briefings and none confidential briefings. https://www.newhamscp.org.uk/7-minute-briefings-intro/

To request access to the confidential area and share contact us on LSCB@newham.gov.uk

This comes with responsibilities;

- That you disseminate the information within your establishment Supervision, Team meetings, training
- Complete action plan to document and evidence change and outcomes
- Share your action plan with the NSCP



5. The Journey of a Child

We are committed to making Newham a great place for young people to grow up. As part of this commitment, we want to make sure our children and their families have quick and easy access to all the available information, so to help our families and young people navigate the Journey of a Child we have produced an interactive resource. The Journey of a Child resource collates the resources available to residents, their children and young people from birth to the age of 25. It also has useful information for prospective mums and dads.

Find out more and view the Journey of a Child >

The Tavistock and Portman | | |



NHS Foundation Trust

6. North Central and North East London Forensic CAMHS - FAQ

About the service

What is FCAMHS?

FCAMHS is a free specialist forensic CAMHS service designed to provide consultation to professionals who are working with young people about whom there are concerns in terms of: Neurodevelopmental, mental health, or risk of harm to others and who may or may not be involved with the Youth Justice System.

FCAMHS is a service to support professionals working with young people in order to support their community and educational placements and contribute to positive outcomes for the young person and their families

What is North Central and North East FCAMHS?

We are a part of the Tavistock and Portman NHS Foundation Trust. Our team is multidisciplinary and includes, psychiatry, psychology, psychotherapy, social work, and nursing. We have a full time administrator who can support with any requests. We cover 13 boroughs across this patch and therefore, we can offer service to the following boroughs: Barking and Dagenham; Barnet; Camden; City and Hackney; Enfield; Haringey; Havering; Islington; Newham; Redbridge; Tower Hamlets; and Waltham Forest. We have an excellent working relationship with our colleagues in the other FCAMHS London teams and can support you to access their services if you fall out of our patch.

What is the role of community FCAMHS?

To support community teams working with high risk young people, especially considering:

- Concerns amongst health professionals about lack of knowledge of the youth justice system, statutory frameworks and existing provision
- Apprehension and anxiety working with:
- Secure institutions (YOIs, STCs, SCHs and secure hospitals)
- Youth Justice System (YOTs, courts, prisons)
- Risky young people
- Mental / Emotional health difficulties with risk behaviour
- A fear of things going wrong and being given the blame for this
- Uncertainty regarding the interface between therapy and risk management

Can FCAMHS stay involved long term?

We aim to support professionals through consultation, which in some cases may be of an intermittent nature over a period of time. In some instances this may involve consultation and some direct work over a long period of time, depending on the needs of the network and the young person. However, we would anticipate supporting the organisation with clinical responsibility to do any direct work with the young person and family.

How are you different to CAMHS?

The FCAMHS service is seen to supplement already CAMHS commissioned services and not to replace this vital and much needed service. We are instead, providing a forensic lens to the context of those who are often identified as hard to engage, involved in the criminal justice system, at risk of significant harm to themselves as well as others, and in some cases, deemed as not fulfilling the criteria for other service options. The work is to support professionals in the network by offering a thinking space to assist them, mobilising a way forward. This can enable a pragmatic approach with an MDT that are aware of the forensic landscape and able to consider and determine appropriate service options, with respect to settings and a focus on the young person's needs.

We are also work with the network irrespective of whether or not the young person is in Youth offending Institutions, Secure Training Centres and Secure children centres. In our experience the process of consultation with the network can offer in-direct (mentalisation) support to the young person during custody visits by individuals in the network.

Referral process

Who can refer?

Any professional working with the young person. We ask that before a referral is made, consent is gained from the young person (unless the referrer has a clinical reason for not discussing the referral with the young person, if this is the case the reason should be documented and included in the referral form). It is important that all professionals are aware of the referral, especially the clinician holding clinical responsibility. Please include as much information as possible about the young person and their family, as the more information provided, the more likely that the formulation and risk assessment of the case will be valid and helpful.



7. Shine - young peoples' sexual health clinics update



Our young peoples' sexual health clinic is now open. Sessions are drop in (no appointment needed).

For all aged 21 and under can visit the Shine clinic for *free, private and confidential*: STI Testing, Pregnancy Testing, Contraception, C-Cards/Condoms and Advice & Information.

Clinics are every Wednesday; 84 West Ham Lane, London E15 4PT 4:15pm-7:15pm



8. Booking onto the NSCP Learning and Development programme

Child Pip Learning Events

The NSCP has scheduled 2 events to share the learning from the recently completed Child "Pip" Child Safeguarding Practice Review. Pip died in 2020 as a result of suicide in Newham.

"There were significant weaknesses in how agencies worked together with each other and with the family. Professional curiosity and use of partnership information to inform the Children's Social Care to assessment were lacking. Opportunities for a professionals meeting were not considered or acted upon which resulted in agencies working in isolation and managing internal, less-informed, assessments of risk without the benefit of both collaborative working or multi-agency information"

The dates are;

- •Wednesday 16th March 9:30am 11:30am
- •Thursday 17th March 2021 13:00 -14:30

Please follow the link below to book on to this event:

<u>Learning from Child Pip - 16th March 2022 am offer</u> <u>Learning from Child Pip - 17th March 2022 pm offer</u>

Child trafficking, modern slavery and exploitation

NSCP have commissioned training re Child trafficking, modern slavery and exploitation. This training requires attendees to commit to all 3 modules- once you are booked to attend the 1st session you are automatically booked to attend the next 2.

Module 1 introduces the extent of the issue and looks at the different forms of child trafficking in the UK and their dynamics.

Module 2 builds on the previous session by focusing on Child Criminal Exploitation and trafficking, including looking at the different forms of CCE and outlining our non-prosecution principles/ legislation.

Module 3 explores implications for safeguarding child victims of trafficking: we look at best practice in the NRM and 'what works' in safeguarding victims of trafficking and in the disruption of trafficking. We will also consider post-trafficking care for child victims of trafficking and exploitation.

Please encourage staff to attend

The link will take you directly to the registration page, ensure you use Chrome browser (copy and paste into Chrome, the link if they open in other browsers but do not open the page)

Child trafficking, modern slavery and exploitation 8th March 2022

Places still available on the following

Several places are still available on the workshops below for NSCP. These workshops will enhance our staff when working with our children, young people, and families.

Most of these workshops have been commissioned in Newham as they impacted children and young people in Newham.

Please encourage staff to attend

Each link will take you directly to the registration page, ensure you use Chrome browser (copy and paste into Chrome, the link if they open in other browsers but do not open the page)

Working Together to Safeguard Children Cared Away From Home

March 1 @ 2:00 pm - 4:00 pm GMT

FREE

Background: The aim of this course is to raise awareness of the range of circumstances in which children may become cared for away from home. This includes children who are in the care of the Local Authority and children who are cared for under Private Fostering Regulations.

Training Level: 2

Learning Outcomes:

By the end of the **half day** training participants will be able to:

 Identify children who are living away from home in different legal context i.e (privately fostered children, Looked After Children and Children living with family and friends and connected persons).

- Recognise the particular vulnerabilities of children who are privately fostered, how agencies are expected to work together in identifying and notifying privately fostered children to the local authority MASH Service.
- Understand the legal context to Private Fostering Arrangements, Local Authorities statutory duties and functions following a Private Fostering Notification to the LA.
- Training Material: Slides, case studies, group discussion and handouts

Healthy Relationships & Online Sexual Content Training

March 3 @ 10:00 am - 1:00 pm GMT

FREE

- Introduce some of the recent and emerging research and statistics into online pornography and young people.
- Explain trends between exposure to sexual content online and its impact on under-age viewers.
- Explore how to tackle the issue of consent in a meaningful and respectful way, to promoting healthy relationships in young people.
- Provide practical tips and advice for professionals on supporting young people to develop healthly attitudes and relationships.

Awareness of Harmful Sexual Behaviour Foundation Course

March 9 @ 9:30 am - 4:30 pm GMT

FREE

Target audience

This course is targeted at caseworkers who are new to this area of work, youth workers, social care staff and foster carers who care for children and young people who have engaged in harmful sexual behaviour (HSB).

Due to the subject matter, a safe space in which to undertake this training with minimal interruptions, where possible, is required. This is pertinent to those working from home, particularly with children present.

Course Aim

HSB can provoke considerable anxiety in parent/carers and professionals. This one day course aims to demystify this whole area of work, increase awareness and empower carers and professionals to use transferable skills when managing children and young people who present with HSB. The training will provide professionals with a theoretical background about the development of sexual behaviour problems, and

guidance on what works. It will also consider the impact on adults who are trying to manage a child or young person displaying HSB.

Learning Outcomes

- Increased confidence in responding to and managing HSB
- An understanding of the theoretical background to the development of sexual behaviour problems
- Increased insight into staff support and care

SP-OT Suicide Prevention Tutorial Overview

March 10 @ 10:00 am - 11:30 am GMT

FREE

What **EVERYONE** needs to know

To understand the prevalence and impact of suicide.

To explore the language, and the challenges, when talking openly about suicide.

To recognise the 'signs' that may indicate someone is having thoughts of suicide

To consider how we can all contribute to a suicide safer community.

Child Neglect: Assessing the Quality of Parental Care – using GCP2 Tool

March 15 @ 10:00 am - 4:00 pm GMT

FREE

Background:

The NSPCC Graded Care Profile GCP2 is a standardised tool for assessing the quality of parental care where neglect is a concern. It provides an assessment of the quality of care across the 4 domains of physical; safety, emotional; developmental needs. Newham LSCB have adopted the tool and training key professionals to use this as part of assessment and intervention.

Training Level: 2/3

This accredited 1 day training is for practitioners who have a key worker role and are undertaking home visits to families or who have other opportunities to observe care-giving.

Learning Outcomes:

Attendees will be taught to use the GCP2 and on successful completion of the course and return of a completed GCP2 will be accredited to use the tool.

Training Materials:

Graded Care Profile Assessment Tool with Video and Manual

Early Help Framework & Team Around the Family

March 17 @ 9:30 am - 4:00 pm GMT

FREE

Background:

There are 75,000 children and young people in Newham – more than a third of our residents are under 18 – and we want each of them to have the best possible start in life. We have a strong universal service in Newham – our schools, children's centres and health services – but some of our children and young people need extra support and a few need a lot of help. When families cannot cope by themselves, we have a duty to help. The role of Triage is to make decisions about level of need based on all the available information. The Early Help Framework in Newham encourages a consistent and systematic approach to effective early help for families that will secure better outcomes for children and young people.

Training Level: 2

Outcomes:

By the end of the session, participants will be:

- Become familiar with Newham's online portal, to make a request for support or report concerns for a child's safety
- Understand the Triage process what happens to your request once it gets to Triage
- Become aware of Triage thresholds
- Understand the Early Help values and principles alongside the use of an Early Help Record in the Step Down Process
- Identify strengths and needs of children, young people and families and agree an action plan through applying a case study

Safeguarding Disabled Children

March 28 @ 1:00 pm - 4:00 pm BST

FREE

THIS COURSE IS OPEN TO STAFF WORKING IN:

SEN, 0-25 CSC and COMMUNITY CHILD HEALH

Background:

To increase confidence and good practice in working with disabled children and their families in order to assess children's needs, identify risks and take effective and timely action to protect children at risk of harm. This course will explore the challenges of protecting disabled children effectively and will highlight the need to recognise the diverse ways in which children may communicate their needs.

This course should be attended after completion of the course Introduction into Safeguarding.

Training Level: 2/3

Learning Outcomes:

By the end of the training participants will be able to:

- Understand the factors that can increase the risk of neglect and abuse of disabled children and young people.
- Be aware of legislation, procedures and guidance regarding the safeguarding of disabled children and explore messages from research and serious case reviews.
- Develop knowledge and skills in assessing the needs of (and risks to) disabled children in order to ensure responses and interventions are as effective as possible in supporting families and promoting the welfare of the child
- Recognise indicators for concern and make appropriate decisions about the action to take when concerns arise for disabled children

Training Material:

Behaviour as Communication – Case Studies, Creative Communication Techniques Handout and Case Scenarios.

GCP2 Surgery – Beyond the training (a.m.)

March 30 @ 10:00 am - 12:00 pm BST

FRFF

1/2 day Surgery for who have previously attended the GCP2 training and Have not used the tool and need to refresh or used the tool but need reflect

- Planning to conduct the home visit and utilise the tool
- Skills to implement the GCP2 and beyond exploration of the GCP2 tool and how to gather and assess the information
- Building confidence on effective use of the GCP2

- Critical Review of a GCP2 live/opened case with the core group/professionals
- Key professionals working with the family come together with external facilitator, to explore engagement, analysis of data gathered and intervention with the family
- Forward planning based on information presented

Criminal Exploitation Workshop

March 30 @ 2:00 pm - 4:00 pm BST

FREE

LEVEL 2

Background: In 2017, the Government introduced national guidance to help identify and protect those exploited through criminal exploitation. This guidance is part of the cross-government approach to ending gang violence and exploitation.

Learning Outcomes: Attendees will gain the following knowledge

- How young people are targeted to join groups.
- The business model of county lines and how this operates.
- The safeguarding response to Criminal Exploitation
- The signs and triggers to be aware of with regards to those who are involved and/or at risk of county lines.
- The strategic and tactical plan to address Criminal exploitation.
- How Youth violence and exploitation is evolving;

A key outcome of the workshop, will be to identify individuals to be champions, and act as a point of reference to signpost colleagues for further information, advice and guidance

The full list of training is available via this link https://www.newhamscp.org.uk/training-brochure/

If you or your service would like to contribute to the next newsletter please get in touch via LSCB.Administrator@newham.gov.uk

Follow this link for more information and contact details of all the Executive Members. There is also further information and links to support the fantastic work you do for children, young people and families in Newham https://www.newhamscp.org.uk/